The No Trump Ladder

We have just learnt that to bid 1NT you need 15-17 HCPs and a balanced hand but what if you have more than 17 pts. How do you show this?

It turns out that there is a No Trump Ladder each rung on the ladder shows a slightly stronger hand.

Opening 1 NT is the first rung on the ladder showing 15-17 pts. Each step up the ladder shows a stronger hand by two points. The next rung shows 18-19 points and the following shows 20-21 pts and the next rung shows 22-23 etc; all of which should be balanced. No greater shape than 1 doubleton.

2NT shows 20-21 pts. Responder can use Stayman (3C) with 4+ points to ask for a 4-card major and $3 \diamondsuit$ and $3 \heartsuit$ to transfer to Hearts and Spades respectively. This promises 5+ cards in the major.

Opener	Bid	Responder	Bid
AK43		Q 972	3
🎔 A53	2NT	💙 QJ72	Do you have a 4
🔶 АКЗ		🔶 8652	card major?
6 KJ83		9	
A K43		Q 9782	3 🎔
🎔 A53	2NT	💙 QJ2	Opener must bid
🔶 АКЗ		🔶 8652	3
6 KJ83		9	

To show the 19-20 point range opener first open one of a suit and then bids 2NT.

If responder passes then they will have less than 6 points and therefor not enough for game. If the do bid opener rebids 2NT if there is no major fit. This gives responder an opportunity to rebid his suit showing 5 cards or bid the other major showing 4-cards in that major this means that Stayman and Transfers are not needed.

Opener	Bid	Responder	Bid
AK43		Q 97	Pass
🎔 К53	1 🛖	🎔 J72	Awful I know but
🔶 KQ3		🔶 8652	usually better
🛖 КЈ8З		92	than going off in
			3NT
AK43		Q 972	1 🎔
🎔 К53	1 🛖	🎔 AJ72	
🔶 KQ3		🔶 8652	
🔶 КЈ8З		9	
	2NT		3
	4		Pass

 AK3 K543 KQ3 KJ83 	1	 Q9782 AJ2 8652 9 	1
	2NT		3 ф Pass
	4		Pass

Sometimes, this means the good hand is Dummy but you can't have everything all the time.